

PARAMARTH AWADHAWAN comes from Sanskrit and means "path to the highest aim".



open words from Shin Shiva Svayambhu initiator of the mountain- and nature school "Paramarth Awadhawan" in North-India.

SHIN Steaches worldwide in countries with different traditions, cultures and religions

Core elements of his way of working are meditation, mantra, conversation, lecture, song and dance. His teaching is alive, precise, simple and integral – meaning that in coming from the primal unity it is all-encompassing, referring to everything.

In Integral Learning and Intuitive Action - MIN-I.L.I.T. - the universal principle of a healthy development and mutual fostering of all beings; the human being can practice to recognize these laws that manifest in the development of the world and to live by them. Especially in this time of dynamic transformation for the healing of the earth organism, a spirituality is needed that makes it possible for people to engage in bringing this principle into earthly reality - in all spiritual, psychological, social, political, ecological and economical areas.

Preamble to all of us

The flow of "thousands of changes" is accelerating tremendously. The demands on humanity are increasing and are becoming the source of disease.

More and more human beings are trapped and overloaded in the daily "working machinery", they fall ill, physically and mentally. The number of people suffering from "burn out" has augmented in a threatening way. Putting this enormous burden on the children and young people already, causes stress and induces the young to revolt against or to escape from life.

Human kind is not only wasting nature in an unworthy way, human kind is also devastating its own species.

It is therefore very urgent and absolutely necessary in the now to recollect oneself and to go for a new way of life and conduct. This new way of life stands for giving up one-sidedness and for moving towards a creative diversity and "harmonic dynamics".

New HEALTHY ideas have to be brought forward into life, all over the world, if we want to avoid the machinery to continue to promote destruction. On the other hand, to turn the negative visions into the positive, we can trust in and look faithfully for the time to come.

Human kind was achieving amazing great things. But now is the time, even more than ever, when it will be important to achieve things together and in community, with united forces and bundled competences.

Especially the children and young people need our help; for they will have to live on earth and live with earth in the state they will inherit the planet from us. Of course, we do want for our children a good future, a healthy and worthy life in happiness. All loving parents are having this wish. All honest people in government want a worthy life for their people.

Thus, it is now all about enabling humanity to live a life in dignity. May the development of human kind happen in human dignity! That implies that the humans of today and the humans of tomorrow will honor the earth and handle the richness of nature in a very humble way. We have to strive actively for a culture going hand in hand with nature.

As so many ancient people knew and realized, as the very old advanced cultures bear witness: a good turning of individual and social life in dynamic harmony is possible. And that turn really is possible in a sustained and rapid way, by NEW IMPULSES in the SCHOOL. The children integrate into daily life what they are learning. They do that even more, as much as a school is following the principles of a healthy and healing philosophy. Teaching and lessons may not be one-sided. What the pupils learn has to serve to the development of the personality in its entirety. The integrity of the human being has to be considered and to be brought into a balanced development. This kind of school education is emphasizing all wisdom that is opening to the students and later on to the adults, the way to the power and joy of life, enabling them to understand the art and sense of life. Coming from the role of a consumer to being a genius co-creator, that is the aim.

This school will help the young to unfold, increase and raise their own capacities and gifts to a level which enables them to enlighten consciousness, to gain satisfaction and to ripen into a dynamic harmonic personality.

In this school 12 years of teaching are organized in parallel streams of Integral learning. The education includes

1. training practical skills
 - a. essentials of life
 - b. fundamental training on the job
 - c. knowledge about new good ways of foresting, agriculture, irrigation, intensive cultivation of land
2. unfolding creativity: chant, music, language, poesy and poetry, yoga, dance, arts of fighting and self-defence
3. general education on a good level, modern sciences (including pre-universitarian studies),
4. social capabilities and leadership

The more joy and fun to learn can be awakened, the deeper and more profound the knowledge will be transformed into a capacity and be integrated in the whole being of the student. A person who is self-secure and happy, who is radiating natural fine joy and freedom will soon become a vivid fountain inspiring the environment.

In a time when a lot of human dignity is lost, it is important to redevelop the art of life and a young culture.

The school is equally open for poor and deprived as well as for well situated and rich families. Helping each other is part of the strength of a people. To work together and create in a free common sense brings satisfaction, joyfulness and friendship.

This school will be build up in a region where the people are curious, striving for wisdom and learning, but where also help for self-help is needed. This mountain culture will be threatened to perish, when nothing is done an no help for self-help is granted

Besides, the location of the school is an excellent place. If the school is growing and working well, new projects and ideas can be added: for example an ayurveda center or a spa and health resort.

Important elements of the school`s philosophy

This school is grounded on Indian culture and will preserve and guard the cultural gifts, to cultivate and vivify the most nobel.

The school is connected closely to the Indian way of teaching and learning, but also sets new impulses for a powerful, peaceful and happy future.

The teaching methods and subjects are meant to be grounded on the best possible level of education, at the same time the teaching is opening up new ways in order to enable the young to develop as many capacities as possible.

The school offers a richness of language teaching: basic is the cultivation of the local language (dialect), followed by Hindi and finally Sanscrit as the most important language of the Indian culture. The pupils can choose English as a first foreign language, later on German or French (may be followed by Russian and Arabian). Providing this wide range of languages enables the students to rise socially.

Finally, and this is very important, the school appreciates highly the teaching of handicraft and arts.

This school of the future is our common vision.

From the bottom of my heart I wish bliss and happiness, peace and harmony, joy and creativity and a development to the Highest to all the children, parents, teachers and staff, to the helpers and those who are supporting the school in Pauri from near and far.

**Thank you
SHIN**